



# Dealing With Conflicting Situations - 1

## Why did I Make This Choice?

List four choices you have recently made.	How did this choice affect me?	How did this choice affect others?	Was this choice good or bad for me? Was this choice good or bad for others?	Should I ever make a choice like this again? Why or why not?
Aghmel lista ta' 4 ghazliet li hadt dan l-ahhar.	Kif affett-watek din l-ghazla?	Kif affettwat li ta' madwarek din l-ghazla?	Kienet ghazla tajba ghalik u ghall-ohrajn?	Ghandi nerga naghmel ghazla bhal din? U ghaliex?
1.				
2.				
3.				
4.				

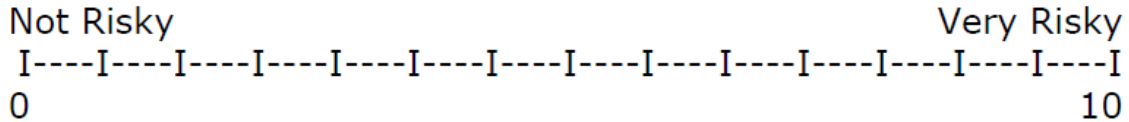


# Where Do You Put Your Risk Limits?

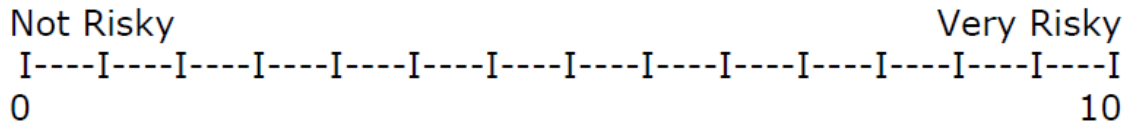
## “Decisions”

Rate your Risk Behaviour Levels for these scenarios

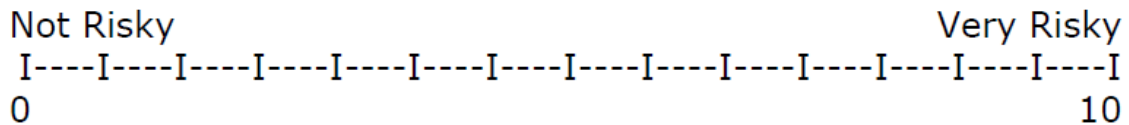
Not to do homework



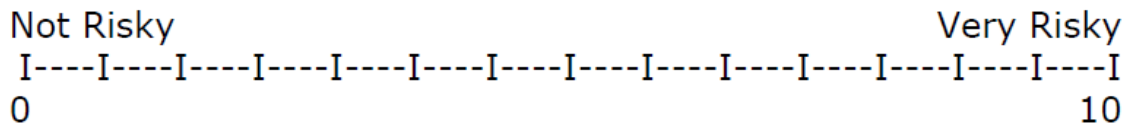
To cheat on a test



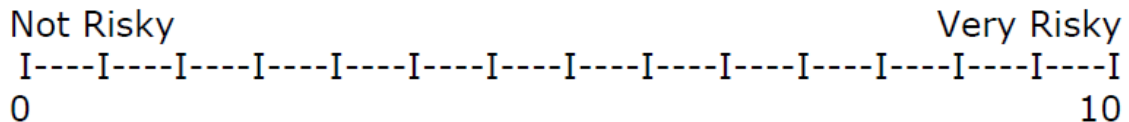
To try out for a sport team



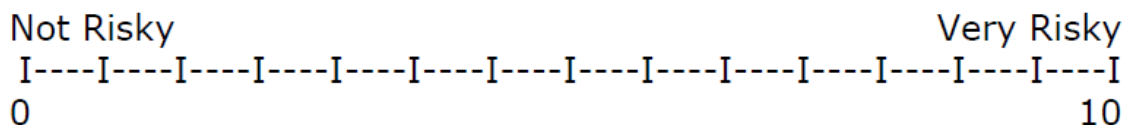
Talk to a different group of people during free time



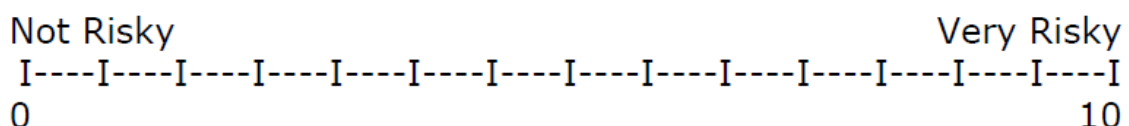
To help another student in your class during lessons



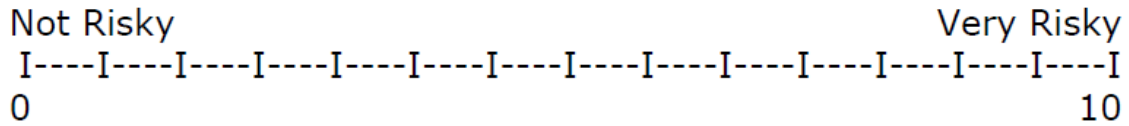
Tell your best friend ‘NO’



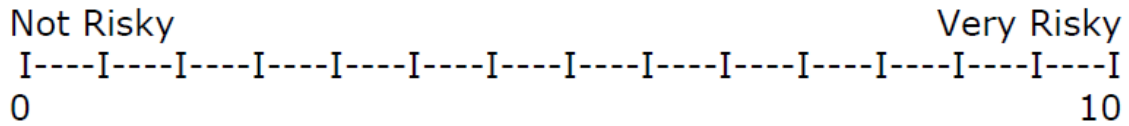
Talk back to your parents



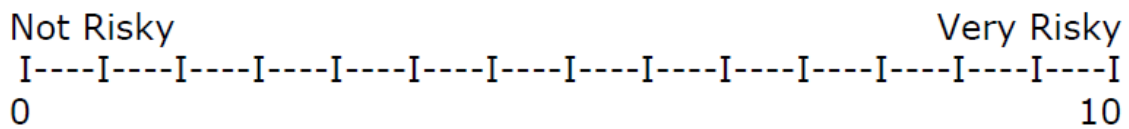
### Leave home without permission



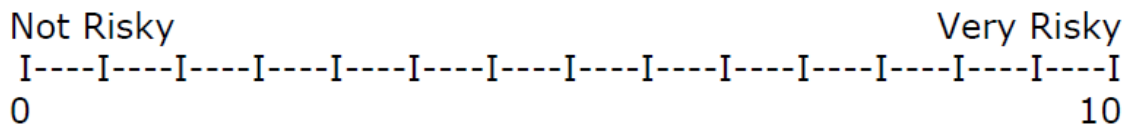
### Stay out later than agreed



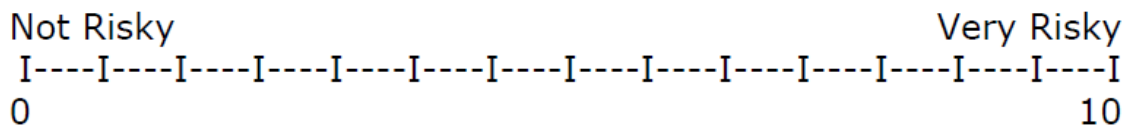
### Drink too much



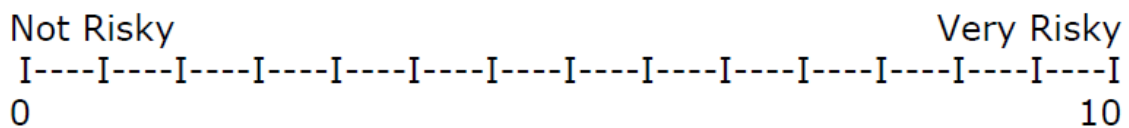
### Take illegal drugs



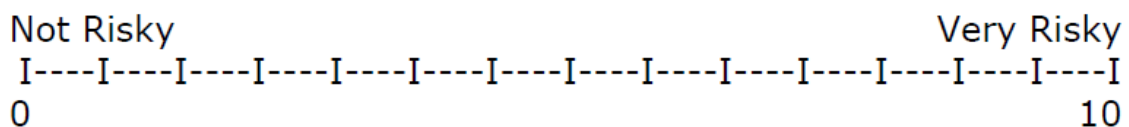
### Spend more than you can afford



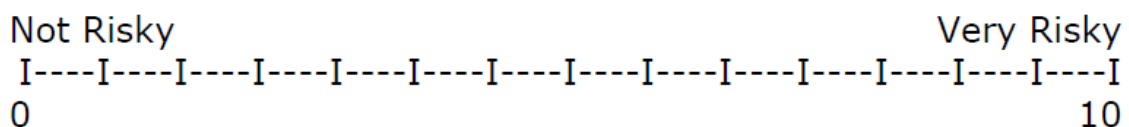
### Drive after consuming illegal levels of alcohol



### Have unprotected sex with a stranger or partner



### Leaving school to go to work



# My Conflict Management Style

## How Do I Rate Myself On These Styles

	Very Often	Fairly Often	Some-times	Not Often	Almost Never
Withdrawal (I run away)					
Aggressive (I will get in a fight)					
Mediation (I ask for help)					
Negotiation (Let's have a Win-Win)					

My conflict management style is generally: \_\_\_\_\_

## How Do I Rate Myself As A 'Negotiator'?

Do I ...	Very Often	Fairly Often	Some-times	Not Often	Almost Never
Listen?					
Say clearly what I want?					
Find out what the other person want from me?					
Suggest solutions myself?					
Compromise and give-in at times?					
Get back on talking to others after an argument?					
Make the first step to solve a problem with a friend or partner?					
Argue back when need arises?					

I would be a better negotiator if ...

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